

After 50 Years, Florida Man is Seizure-free Thanks to CBD

WHOLISTIC **RELEAF**[™]

WHOLISTIC PEDIATRICS & FAMILY CARE

ESTABLISHED IN 2005



Gaylord Kenyon, of Orlando, FL was a young child when his seizures began.

"Back then, we didn't have to wear bicycle helmets," said Peggy Kenyon,

"He fell from his bicycle and hit his head when he was eight years old, and the seizures started within a year"

Gaylord's wife of 50 years. "He fell from his bicycle and hit his head when he was eight years old, and the seizures started within a year," she added.

Peggy Kenyon speaks on behalf of her husband, Gaylord, who at 72 years of age has significant limitations in his ability to speak, as well as dementia. Gaylord's medical team believes the seizure medications he has been taking for over 50 years have significantly contributed to his limitations.

Gaylord's seizures were so frequent and severe that he began taking Dilantin and Phenobarbital at ten years of age. He was eventually taken off of the Phenobarbital, and was prescribed two new medications to replace it. Despite the medications he took, he always had breakthrough seizures, which means he had seizures that occurred even though he was taking anti-seizure medications. He was also never able to wean off Dilantin, a medication whose long-term side effects include degenerative brain damage.

"After trying a clinical study and every other possible medication, our daughter learned that medical cannabis might be an effective treatment for patients with epilepsy," said Mrs. Kenyon. "She found Dr. David Berger, founder of Wholistic ReLeaf and one of the first in the state offering this cutting-edge treatment, through an internet search," she added.

They had their first appointment with Dr. Berger in October of 2016. Based on Gaylord's history and a comprehensive drug interaction check, he was certified for medical cannabis a few months later.

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About David Berger, MD, FAAP



Dr. David Berger ("Dr. David"), a Board Certified Pediatrician with over 20 years of experience as a clinician, has developed a national reputation in wholistic pediatric primary care. Dr. David is considered Tampa Bay area's leading authority on medical cannabis for adults and children and is one of the nation's most experienced pediatricians using medical cannabis to help facilitate the treatment of children with chronic conditions.

Dr. David graduated from The Medical College of Pennsylvania in 1994 and completed his pediatric residency at the University of South Florida/ Tampa General Hospital where he first began utilizing wholistic therapies. Dr. David has been in private practice since 1997 and in 2005 opened Wholistic Pediatrics & Family Care, his medical practice in Tampa, Florida. In 2010, Dr. David was appointed Assistant Professor at the University of South Florida College of Nursing. In 2016, he launched Wholistic ReLeaf to help qualified patients become certified to use medical cannabis.

www.WholisticReLeaf.com

"THC was not yet legal, so I started Gaylord on 10mg of CBD orally twice per day with instructions to increase his dosage by 10mg twice a day every seven days until his seizure frequency was minimized," said Dr. Berger.

Miraculously, Gaylord soon stopped having seizures.

"When I saw Gaylord in March, he was taking 20mg of CBD (10mg twice per day), which is the same dosage I started him on, and his seizures had completely stopped," said Dr. Berger. "We achieved our first goal. Next, we needed to wean him from the Dilantin in coordination with his neurologist," he added.

After approximately five months of weaning, Gaylord Kenyon achieved his second goal.

"The amazing thing is that for the first time in the more than fifty years we have been married, Gaylord is seizure-free and completely off Dilantin," said Mrs. Kenyon. "We are now weaning his other two medications," she added.

Studies on the efficacy of medical cannabis and epilepsy are limited. However, research does show that CBD is better than a placebo at reducing seizure frequency. One study found that 86% of patients experienced some degree of seizure reduction. Another study concluded that CBD might reduce seizure frequency in highly treatmentresistant epilepsy.

"While outcomes to medical treatments vary by individual, the future is promising for people with debilitating conditions such as epilepsy," said Dr. Berger. "We see amazing results at Wholistic ReLeaf in both children and adults with epilepsy," he added. Peggy Kenyon couldn't be happier, yet she wishes medical cannabis was available years ago. For virtually all of their marriage, Gaylord has been in a fog because of the side effects caused by his medications.

"If medical cannabis were legal and available when Gaylord was in his thirties or forties, our lives would be completely different," said Mrs. Kenyon. "I am looking forward to Gaylord being completely off his seizure medication and am so grateful for Dr. Berger," she added.

For more information about the transformative effects of medical cannabis, visit Wholistic ReLeaf at WholisticReleaf.com.



Wholistic ReLeaf, founded in 2016 by Dr. David Berger of Wholistic Pediatric and Family Care, empowers families and patients to choose the best treatment approach available for their medical condition. The mission of Wholistic ReLeaf is to evaluate and certify qualified patients who meet the State of Florida legal requirements for receiving medical cannabis and provide medical cannabis management and dosing consultations to patients certified by other Florida physicians. Wholistic ReLeaf is committed to providing patients with the best possible care, while also complying with the ever-shifting legal landscape of medical cannabis in the State of Florida.

For more information, or to find out if you or a patient you know may be eligible to use medical cannabis as part of a customized treatment plan, visit www.WholisticReLeaf.com.